



# Vedic astrological factors for human immunodeficiency virus transmission within male individuals with sexual orientation as homosexual

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## ABSTRACT

**Background:** For almost more than 70 years, the modern science had labeled homosexuality as a mental disorder and was part of DSM (Diagnostic and Statistical Manual of Mental Disorders) until the fifth edition was released in the year 2013 and homosexuality was removed from the mental disorder list. Despite of the removal of homosexuality along with all kind of sexual orientation from mental disorder, it is still being considered taboo in the society. From Sanatana Dharma perspective, homosexuality is very well mentioned in multiple scriptures. In Vedic Astrology as well, this homosexuality along with diseases due to sexual intercourse is being described. In this modern era, one of the most common disease due to sexual intercourse is HIV. Although, HIV is considered relatively new transmission due to its first scientific mention in the late twentieth century, the symptoms and overall nature of this disease is clearly described in Vedic Astrology. **Finding:** This research paper is an extension of the existing research paper in the field of Vedic Astrology especially in the field of Vedic Astrology focusing on HIV transmission. A total of 314 HIV positive samples was collected from 18 countries selected from Asia, Europe, North America, South America, Africa as well as Australia in order to have a coverage of all the continents. All these HIV positive people belong to LGBT community, to be very specific Gay (homosexuals) and have been identified as HIV transmission due to anal intercourse with another Gay partner. The Astrological Natal Chart were analyzed for all these 314 samples against the KIRAN *sutra* (5 thumb rules) to find the possibility of HIV based on the *sutras* i.e. rules. Out of 314 samples, 310 charts fit the criteria (KIRA *sutra*) mentioned in the KIRAN *sutra* for HIV transmission. 4 samples were not checked against the criteria (N) due to insufficient *Nakshatra-Pada* i.e. Constellation-Phase coverage along with the complex nature of the *Nakshatra sutra* i.e. N *sutra* of KIRAN *sutra*. The result indicates that the KIRAN *sutra* is very effective *sutra* even to identify the HIV transmission from male-to-male partner with an accuracy of 98.73% (310 cases out of 314 cases) using only 4 *sutras* i.e. KIRA. **Conclusion:** The research is an effort to raise awareness and to help males with homosexual orientation to identify whether they are highly prone to HIV or not using their Vedic Astrological Natal Chart so that they can take preventive action. A new *yoga* i.e. Samalaingika Yauna Sankramaṇa *Yoga* is being introduced in the field of Medical Astrology focusing on males with sexual orientation as homosexual, commonly known as Gay in LGBT community in order to support Gays living a HIV free life without judging their sexual orientation. **Novelty/Originality of this article:** This study introduces the application of the KIRAN *sutra* from Vedic Astrology as a predictive method for assessing HIV transmission risk in homosexual men, achieving an accuracy rate of 98.73%, along with the introduction of a new configuration, Samalaingika Yauna Sankramaṇa *Yoga*.

**KEYWORDS:** hiv; homosexuality; lgbt; sanatana dharma; vedic astrology.

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## 1. Introduction

HIV i.e. Human Immunodeficiency Virus is one of the most common transmissible viruses due to sexual intercourse (UNAIDS, 1999). Although, it's been almost 40 years of the discovery of HIV virus, there is no discoverable cure till now. The scientific term "discovery" itself is an indication that it is not a new virus but a new identified virus. This new scientific identified virus name might not exist in any of the classic scriptures, the nature of the virus is very well explained in most of the classic *Jyotisha Shastra* books, well known as Vedic Astrology books. One of the oldest scriptures called Brihat Parashara Hora Shastra (Sarma & Sarma, 1905) has vigorous references of diseases transmitted due to sexual intercourse which is nothing but the newly coined term so called HIV. The in-depth study of the classic *Jyotisha Shastra's* books along with the combination of modern medical books, it is very transparent that HIV is well mentioned in the classic scriptures. Multiple books related to Medical Astrology has also mentioned HIV. One of the books related to Advanced Medical Astrology talks about HIV, AIDS along with other Sex Diseases and clearly mentions the combinations of houses and planets responsible for HIV (Chatterjee, 2007). Interestingly, few medical experts have also been very much interested in Vedic Astrology and they have done few ground level research in the field of Medical Science in parallel with Medical Astrology. Similar thoughts can be found in the book published in the field of Medical Astrology from a medical doctor holding the fellowship of the Royal College of Surgeons (Charak, 1996).

HIV and homosexuality are two very common terms used in the society with the stereotype that HIV is mostly transmitted due to male-to-male intercourse and homosexuality is not normal. In fact, the most scientific book published by the American Psychiatric Association used to consider homosexuality as a mental disorder. Starting from the DSM i.e. Diagnostic and Statistical Manual of Mental Disorder first edition (American Psychiatric Association, 1952) till DSM fourth edition (American Psychiatric Association, 1995), homosexuality was considered as mental disorder. The association has recently removed the label of homosexuality from mental disorder in its fifth edition (American Psychiatric Association, 2013). Although homosexuality is not considered as a mental disorder, this global label given by the psychiatric association for more than six decades has done enough damage in the society especially for the LGBT community. Now, the WHO has new guidelines for the community and have given a new keyword as an extension of LGBT known as LGBTI i.e. Lesbian, Gay, Bisexual, Transgender, and Intersex (World Health Organization, 2016). Although, WHO is providing the maximum structural along with supportive interventions for the community, the prevention for HIV transmission requires a comprehensive package of evidence-based HIV related recommendations and one of the key recommendations could be the natal chart of a person. In order to penetrate the natal chart as part of recommendations, it must go through the evidence parameter and that is why, this research is one of its unique kind as the research is quantitative along with a wide spread of the sample across the globe.

This study is an extension to the existing research paper in the field of Vedic Astrology focusing on Medical Astrology to predict HIV with the help of Vedic Astrology Natal Chart using Data Mining technique which gave a new sutra to the world known as KIRAN sutra (Raj, 2024). This research is focusing on the validation part of the KIRAN sutra with HIV positive samples of people with sexual orientation as homosexual. It is very thought-provoking to accept the fact that Homosexuality is also acceptable and documented in old scriptures such as Kamasutra (Shastri, 1929). Not only this, homosexuality is mentioned in various places in most of the classic Vedic Astrology books such as Sarvarth Chintamani (Row, 1899), Bhrigu Samhita (Uttarpara Jaykrishna Public Library, Hooghly, 1949), and Phaladeepika (Ojha, 1946). The KIRAN sutra is the baseline for this study and the study is being carried out over the four sutras (KIRA) out of 5 sutras of KIRAN sutra as the fifth sutra (N) requires very deep analysis over the Natal Chart as it talks about the Nakshatras i.e. constellation. The study is not only opening a chance for the LGBT community to understand the possibility of the HIV transmission but also providing them an opportunity to take

preventive action on time in order to minimize the chance of the transmission from one male to another male with sexual orientation as homosexual. The paper urges a consideration from WHO to include this under their combinational prevention guidelines.

## 2. Methods

HIV transmission due to male-to-male intercourse is one of the most common transmissions which causes further damage to the life of the carrier. The transmission is irreversible along with uncurable till date. The research is an effort to identify and validate the root cause of HIV transmission from Vedic Astrology Natal Chart with the help of KIRAN sutra to help the LGBT community especially Gay community to understand that this transmission occurrence can be highlighted even before the transmission. The research is being carried by taking the first quantitative research related to HIV in the field of Medical Astrology (Raj, 2024) as a baseline by considering all the modern techniques along with the ethical parameters in the field of Astrology (Libra, 1917). Not only Astrology, but also all the research code of conduct parameters are considered (World Health Organization, 2016) along with the ethical guidelines provided by WHO (World Health Organization, 2013) for HIV. From medical science perspective, the entire understanding of HIV infection is being studied thoroughly (UNAIDS, 1999) to make sure that the Astrological explanations match with the modern medical explanation. From Astrology perspective, the baseline book which required a further deep analysis was Brihat Parashara Hora Shastra (Sarma & Sarma, 1905). In order to understand the homosexuality from Astrology perspective, the book named Brihat Jataka of Vahara Mihira (Aiyar, 1892) was studied very extensively. Although this book has the root of almost more than 2000 years old, this book became very renowned after India legalized homosexuality in the year 2018 under section 377 and referred this book in the law. Apart from these books, few other books have also been referred to understand the HIV and its impact over mental health. However, the book published by APA was studied deeply (APA; COPA, 2014) to understand the same.

In order to continue this research, the existing KIRAN *sutra* has been taken as a baseline to further dig deep for LGBT community, specifically to the Gay community. Strategically, it was decided to take samples across the globe in order to have a wide coverage of co-ordinates (longitude & latitude). In Vedic Astrology, place of birth plays a very crucial role in the Natal Chart and that's why the decision was made to take samples in such a way that most of the co-ordinates are covered. In order to meet this data criteria, 18 countries were selected in such a way that all the continents get covered. For Vedic Astrological quantitative research perspective, a minimum of 108 samples are defined as a baseline number. This baseline number is very common in Sanatana Dharma (Central Hindu College Benaras, 1916). There are various reasons of using 108 in Sanatana Dharma, however, from Vedic Astrology perspective, the reason of having at least 108 samples is to have a coverage of all 27 *Nakshatras* i.e. constellation with combination of 4 *Padas* for each *Nakshatra*. The initial target was to have at least 3 times 108 as a sample count. However, at the end, a total of 314 HIV positive samples were collected across the globe. In Vedic Astrology, the term global is associated with the longitude and the latitude of the place of birth. In order to have the maximum longitudinal-litudinal coverage, samples were collected from 18 different countries which covered 6 continents out of 7 continents. No data was collected from the continent Antarctica. All the sample were collected with the help of multiple hospitals and NGO's by considering all the ethical rules of Astrology (Libra, 1917), research (World Health Organization, 2016) as well as HIV (World Health Organization, 2013). Below is the list of countries from where the samples were collected:

Table 1. List of countries & continents for sample collection

Country Name	Continent Name
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Australia	Australia
Belgium	Europe
Brazil	South America
Canada	North America
Cuba	North America
Germany	Europe
Algeria	Africa
France	Europe
United Kingdom	Europe
Indonesia	Asia
India	Asia
Italy	Europe
Lebanon	Asia
Mexico	North America
Netherlands	Europe
Switzerland	Europe
United States	North America
South Africa	Africa

The data collection questionnaire was kept very simple. Only three questions i.e. Date of Birth, Place of Birth & Time of Birth were recorded. In order to meet the ethical criteria, the client's name was not recorded. At this point it is important to highlight that although the hospitals and NGOs had all the personal information, it was decided not to send any personal information having risk of identity exposure. The consent form was provided to the clients by the Hospitals and NGO's and only those data had been used for the research where the consent was given by the hospital/NGO's along with the subject. The other criteria for the data collection were already well understood by the Hospitals and NGO's i.e. only those data will be used for the research where the gender is male, sexual orientation is homosexual and the HIV transmission mode is anal intercourse. Although a total of 346 samples have been collected, but 32 samples were rejected because the sexual orientation of the subject was heterosexual. Finally, a total of 314 data were used for the research. The Vedic Astrology Natal Chart was generated for all the samples using the licensed standalone software named Kundli. The reason of using standalone software was to maintain the confidentiality of the data and to minimize the chance of data breach as part of the ethical code of conduct (World Health Organization, 2013). Before doing the data analysis, a first level check was done to make sure that these 314 data have the coverage of all 27 *Nakshatras* and all 4 *Padas* i.e. phases are covered for all *Nakshatras*. Fortunately, all 27 *Nakshatras* were covered. However, there was not sufficient coverage of all 4 *padas* for each *Nakshatras*. At this point, a further decision was taken to drop the *Nakshatra* consideration for this research and to continue the research by considering only 4 sutras of KIRAN *sutra* i.e. KIRA *sutra*. Below is the list of questionnaire that was collected as part of data collection:

Table 2. Data Collection Questionnaire

Question	Required
Date of Birth (DD-MM-YYYY)	Yes
Place of Birth (City, Country)	Yes
Time of Birth (HH:MM)	Yes

The KIRAN *sutra* states that the HIV transmission can be identified by considering five parameters i.e. K as in *Ketu's* position impact, I as in *Injurious houses* impact, R as in *Rahu's* position impact, A as in *Afflicted planets availability and/or aspects* impact, and N as in *Nakshatra's* negativity impact (Raj, 2024). In Vedic Astrology, *Rahu* & *Ketu* are considered shadow planets. *Rahu* is the north lunar node and *Ketu* is the south lunar node. The raw data

sheet had been prepared manually in licensed standalone software Excel by Microsoft and all the required data from Astrology perspective were used. The raw data included Houses, Planets, Aspects, Friendship & Nature. The raw data were prepared by considering the KIRAN *sutra*. However, the N *sutra* i.e. the *Nakshatra sutra* was decided to drop due to lack of sufficient coverage along with the complexity nature of the *Nakshatra sutra*. Once the basic raw data sheet was prepared, extra columns were added respective to each *sutra* of KIRAN *sutra* to have further data analysis. Below is the list of columns that were added as part of data analysis:

Table 3. Data Check-List Parameters

Column	Description
Debilitated Planets Existence	To check whether the natal chart has a debilitated planet
<i>Rahu/Ketu</i> in <i>Maraka</i>	To check whether <i>Rahu/Ketu</i> is in <i>Maraka</i> i.e. 6 <sup>th</sup> , 8 <sup>th</sup> , or 12 <sup>th</sup> house
<i>Rahu/Ketu</i> with Evil Aspect	To check whether <i>Rahu/Ketu</i> is aspected with Mars and/or Saturn
<i>Rahu/Ketu</i> Aspects Moon	To check whether Moon is aspected with <i>Rahu</i> and/or <i>Ketu</i>

Further, the data was analyzed using licensed standalone software SPSS Statistics by IBM. It was observed that the data variables were too complex to be analyzed. Multiple data analysis techniques were used to analyze the data. However, due to the complexity of the analysis results, several columns were dropped during analysis phase. Finally, the decision was made to validate the entire data against only four *sutras* of KIRAN *sutras* but also by dropping several dependent variables, although important. It was decided to continue the data analysis with minimum columns with maximum independent variables. In Vedic Astrology, there are dependent variables which are very crucial to be analyzed. For example, data with Ascendant as Aries having Sun in the zodiac i.e. *Rashi* of Sagittarius gives the default information that the Sun is in the ninth house. So, it was decided to drop all the column information about the house of the planets as the planet house can easily be tracked with the combination of Ascendant's zodiac along with the zodiac of the planet. The decision to drop the house information created an extra task to calculate the planet presence in *Maraka* i.e. evil house. As the baseline was KIRAN *sutra*, only *Rahu/Ketu Maraka* house presence was considered for the data analysis. Also, as the total sample was 314, it was decided to calculate the same manually and put a flag in the newly added column i.e. *Rahu/Ketu* in *Maraka*.

The most difficult part was to put the flag for the columns added to track the evil planet aspects on *Rahu/Ketu* and *Rahu/Ketu* aspect on Moon. In Vedic Astrology, Mars & Saturn is considered as evil planet. A further calculation was required and that's why few formulas were generated in excel sheet in order to make the calculation fast and at the same time to avoid any human error. Once the aspect formulas were created in excel sheet, finally the flags were put for the columns *Rahu/Ketu* with Evil Aspect & *Rahu/Ketu* Aspects Moon. Although, all these planets are having three aspects, only a single flag was used from data analysis perspective. Below is the list of malefic or evil planets along with their aspects:

Table 4. Aspect of Planets

Planet	Aspect
<i>Rahu</i>	5 <sup>th</sup> , 7 <sup>th</sup> , & 9 <sup>th</sup>
<i>Ketu</i>	5 <sup>th</sup> , 7 <sup>th</sup> , & 9 <sup>th</sup>
<i>Mars</i>	4 <sup>th</sup> , 7 <sup>th</sup> , & 8 <sup>th</sup>
<i>Saturn</i>	3 <sup>rd</sup> , 7 <sup>th</sup> , & 10 <sup>th</sup>

Last but not least, the N *sutra* i.e. the *Nakshatra* consideration was dropped to make the analysis simple as the *Nakshatra-Pada* combination was insufficient along with the complex nature of the N *sutra*. Finally, the data was analyzed against the KIRA *sutra* of the KIRAN *sutra* by using only basis Vedic Astrological rules i.e. zodiacs, houses, debilitated, and aspects of the planets from the Natal Chart along with the extra columns added for flag

consideration required for the KIRAN *sutra*. The entire data analysis was done using the licensed standalone software SPSS Statistics by IBM by importing the entire raw data sheet from licensed standalone software Excel by Microsoft. The entire data was cross-checked thrice manually to make sure that no data entry error was made as a single error in the data entry might cause huge difference in the data analysis part. The data analysis was carried out in IBM SPSS Statistics but most of the data analysis was done manually as the Astrological chart data analysis required manual intervention. Finally, the data results were pulled out.

### 3. Results and Discussion

#### 3.1 Results

The result indicates that the KIRAN *sutra* very precisely predicts the possibility of HIV transmission within males with sexual orientation as homosexual. Although, the data were validated against only four *sutras* out of five *sutras*, the KIRA *sutra* fitted accurately for 310 samples out of 314 samples i.e. the *sutra* was able to identify the HIV transmission from male-to-male anal intercourse with an accuracy of 98.73%. The result further validates that the most crucial planet for the HIV transmission is Rahu. The similar findings were highlighted in the original research paper (Raj, 2024) as well. Rahu is the shadow planet which is responsible for toxic viral diseases which are difficult to cure. In case of HIV, it is obvious that this disease is caused by virus and is very toxic in nature, with only available clinical solution to not getting HIV transmitted is the prevention (Special Eurobarometer, 2006). In simple words, from Vedic Astrology perspective, the position of *Rahu* & *Ketu* in the Natal chart holds the key to HIV transmission within homosexual males. Below is the list of KIRAN *sutra* along with the HIV transmission coverage:

Table 5. KIRAN *Sutra* Coverage

Sutras	Coverage
R along with K	170
I along with K & R	55
A along with K, I & R	85
<b>Total</b>	<b>310</b>

Various observations were found in case of HIV transmission within gays. The first key observation was found with respect to debilitated *Rahu*. It was observed that in most of cases (84.21%) where *Rahu* was in Sagittarius which is the debilitated phase of *Rahu*, Saturn was in its exalted phase i.e. in Libra. This is a clear indication that the exalted phase of malefic or evil planet in combination of *Rahu/Ketu* plays a major role in HIV transmission as when *Rahu* is in its debilitated phase, *Ketu* by default stays in its debilitated phase and when Saturn position is in its exalted phase along with the debilitated *Rahu/Ketu*, debilitated *Ketu* has an aspect over the exalted Saturn. The second key observation was found with respect to evil planet Mars in its debilitated phase i.e. in the zodiac of Cancer which is the zodiac of Moon. When Mars was in its debilitated phase, *Rahu/Ketu* was found in the zodiac of Saturn or Mars i.e. in the zodiac of Scorpio or Aquarius in most of the cases (70.59%). It is very important to observe that the Moon is the planet with liquidity in nature. Similarly, zodiacs Cancer, Scorpio and Aquarius are liquid in nature. In the case of HIV transmission within one male homosexual to another male homosexual, the anal sexual intercourse causes this HIV transmission and the reason of transmission is semen or pre-semenal fluid (Jennings, 2013). The third key observation was found with respect to Moon. When Moon was in its debilitated phase with position in *Maraka* houses i.e. evil house (6-8-12), in most of the cases (71.43%), Mars or Saturn was in the zodiac of Moon. This is again interesting observation as Moon indicates fluidity and the evil planets are in the zodiac of Moon. The fourth key observation was found with respect to *Rahu* in the zodiac of Venus i.e.

in the zodiac of Taurus or Libra. Venus is the planet responsible for sexual urges along with homosexuality in males (Sharma B. B., 1981). It was observed that in most of the cases (82.46%) when Rahu was in the zodiac of Venus i.e. in the zodiac of Taurus or Libra, evil planets were in the evil planet's zodiac i.e. Mars and/or Saturn were in the zodiac of Aries, Scorpio, Capricorn or Aquarius.

Although, the entire baseline of this research was based on the KIRAN sutra, the in-depth research over the HIV transmission between homosexual males gave a new perspective of further focused astrological combinations to identify the HIV transmission chances with the help of Vedic Astrological natal chart. The result clearly indicated that the implementation of KIRAN sutra is self-sufficient to identify the chances of HIV transmission. However, this research in the continuity of KIRAN sutra gave further new sutras or thumb-rules for HIV transmission identification for males with sexual orientation as homosexual or so called gay. In case of male people with sexual orientation as homosexuality, the debilitated planets play a major role in HIV transmission. Out of 314 cases, 170 cases (54.15%) had either one or more debilitated planet in the natal chart. Further, the *Rahu-Ketu* position in the evil house i.e. 6-8-12 house along with one or more debilitated planet were found in most of the cases i.e. 225 cases out of 314 cases (71.66%). Charts where these two sutras were not applicable, the aspect of Mars and/or Saturn on *Rahu* and/or *Ketu* were found i.e. 73 cases out of 89 cases (82.03%). Last but not least, all charts where *Rahu/Ketu* were not aspected by Mars and/or Saturn, Moon was aspected by *Rahu* and/or *Ketu* i.e. 12 cases out of 16 cases (75%). With the help of KIRAN sutra, it is now very easy to predict the HIV for Gay persons using following new rules with coverage of almost (98.73%) of the cases. Below is the list of new HIV prediction rule from Vedic Astrology perspective for male with sexual orientation as homosexual i.e. Gay:

Table 6. HIV Prediction Rule within Gay

Rule No.	Description
01	Debilitated Planet Exists
02	Rahu/Ketu in 6-8-12 House
03	Mars/Saturn Aspects Rahu/Ketu
04	Rahu/Ketu Aspects Moon

These four newly found rules can be used as a new *Yoga* i.e. the combination for predicting HIV transmission within males with sexual orientation as homosexual. The *yoga* is very easy to implement in the natal chart as it has no complexity as compared to the KIRAN *sutra* referred originally. With the help of this *yoga*, the HIV prediction especially for Gay community can become very easy. Although the *Yauna Roga* i.e. diseases due to sexual intercourse in various way is referred at multiple places in Vedic Astrology classic books, there is no dedicated *yoga* for diseases due to sexual intercourse in Vedic Astrology. In order to penetrate this thumb rule in Medical Astrology, the *Yoga* can be referred as "SYS *Yoga*" i.e. *Samalaingika Yauna Sankramaṇa Yoga*. This easy-to-understand *yoga* can help the professional astrologers as well as medical professionals to easily check whether the person is having high chance of HIV transmission or not. If the natal chart indicates *Samalaingika Yauna Sankramaṇa Yoga*, a preventive action can be taken in order to avoid the transmission. The result shows clear pattern of HIV transmission within Gays through their Vedic Astrological natal chart and is relatively easy to recognize through natal chart.

### 3.2 Discussions

Vedic Astrology classic scriptures have plenty of references under the similar keywords i.e. *Yauna Roga* i.e. sexually transmitted diseases & *Gupta Roga* i.e. sexual diseases. These two *Roga* i.e. diseases require thorough understanding in order to unlock the sex disease section mentioned in Vedic Astrology. One of the diseases which is very well mentioned in Vedic Astrology is nothing but HIV (Human Immunodeficiency Virus) as referred in modern

medical science. The entire HIV symptoms and its nature mentioned by World Health Organization (UNAIDS, 1999) matches with the description given in the Vedic Astrology classic scriptures for diseases due to sexual intercourse (Row, 1899). Sexual disease due to anal intercourse can be easily interpreted so called HIV transmission in modern medical term. Venus being responsible for sexual urges, Rahu being responsible for viral infection due to sexual intercourse and Saturn being responsible for incurable disease. Also, Moon aspected with exalted malefic planets in evil house indicates diseased transmitted by bodily fluid due to sexual intercourse. When evil planets i.e. Mars and/or Saturn aspects Rahu, the person gets engaged with sexual act like an animal. Debilitated Venus indicates the trouble due to immoral sexual affairs. Vedic Astrology classic scriptures given sufficient references which link to HIV. This male-to-male transmitted HIV is not new in Vedic Astrology and the only acceptable elucidation to decode these terms from Vedic Astrology perspective to modern medical science perspective is to provide enough evidence that can connect the dots of interpretation mismatch of the terms used in Sanskrit.

HIV is an irreversible disease and the person living with HIV positive faces multiple challenges in their life. (APA, 2014). Not only physical but the person goes through various mental health issues (APA; COPA, 2014). The issues get even worse with aging as without proper consistent medical drugs intake on regular basis, the HIV goes to its next level stage known as AIDS (APA, 2023). In this modern society, although the claim is to live the life with open mind, the matter of fact is HIV is still considered as taboo and lots of people are not even willing to open their status if they are diagnosed positive. The next level issue is with the person with sexual orientation as homosexual. The LGBT community is still struggling to get the social status that is given to a person with sexual orientation as straight. In most of the cases, these homosexuals pretend to be heterosexual in order to fit in the social norms. These are few common reasons why Gay persons are not open to go for proper medication although diagnosed HIV positive as they are not afraid of being HIV positive but afraid of being getting judged by the society. A very well written book on this under Project Muse explains the traditional emphasis in HIV/AIDS research within gay communities with focus on sexual behavior and psychological issues exploring the cultural dimensions of AIDS among MSM i.e. men who have sex with men (Douglas A. Feldman, 2010). The book highlights that there are approximately 120 million adult gay and bisexual men globally. Another book mentions about the fear, mistrust & grief of Gay persons with HIV (Powe, 2011).

This research can help Gay persons to have a predictive check from their native chart in order to understand whether they are highly prone to HIV or not. Clinically, medically as well as organizationally, there are already various open-source information about the HIV prevention. Despite of all available information along with social awareness about the HIV especially among the Gay community, the HIV transmission cases are getting increased year by year (Lu, 2015). The awareness requires more humanistic approach and Vedic Astrology is one of the oldest humanistic approaches which is not only being ignored but also being misunderstood. This research is an effort to highlight the possibilities of HIV prevention in its safest state without any damage to the society. This newly discovered *Samalaingika Yauna Sankramaṇa Yoga* can help those males with sexual orientation as homosexual to have a self-check of HIV transmission chances to take preventive action well in advance. This preventive action is already explained by many medical experts i.e. using condom during anal sexual intercourse. However, from Medical Astrology perspective, if the person's chart shows *Samalaingika Yauna Sankramaṇa Yoga* in his birth chart, he must check the HIV status of his partner before having anal sexual intercourse. Although, this action looks a bit awkward in the beginning, this single action can show positive outcomes in the life of a Gay person without being judged and/or putting themselves in a position where there is a very high risk of their identity judgement along with physical, mental, physiological, psychological, and social life risk. With the help of this research, along with proper implementation of *Samalaingika Yauna Sankramaṇa Yoga*, a Gay person can live a better life irrespective of his sexual orientation.



## 4. Conclusions

HIV i.e. Human Immunodeficiency Virus infection responsible for AIDS i.e. Acquired Immunodeficiency Syndrome is one of the most fatal infections which affects almost every aspect of life to the person getting infected. The virus not only declines the immune system but also wanes the social, mental as well as psychological stage of the person. The HIV transmission from one male from another male through anal sexual intercourse is one of the most common reasons within males with sexual orientation as homosexual, also known as Gay in the LGBT community. LGBT community at one side struggling to get the social respect which is given to any person with sexual orientation as straight, at the other side, HIV transmission within Gays is creating another taboo stigma in the society. The stigma is the end result due to the categorization of homosexuality as mental disorder by psychiatric association. Although the association has realized their culpability and removed homosexuality from mental disorder category, the society mindset is yet to be amended. The modern science discovered HIV in the early 1980s', however the disease is not new. The symptoms and nature of the disease is very well mentioned in old classic scriptures of *Jyotisha Shastra* i.e. Vedic Astrology. Also, homosexuality is not a new sexual orientation as per the classic scriptures of *Sanatana Dharma*. Classic book like *Kamasutra* contains the rich and elaborated homosexual orientation of males known as Gay in this society. In classic scriptures the term is known as *Samlaingikta* i.e. homosexuality. The Khajuraho temple embraces homosexuality, the epic *Ramayana* as well as *Mahabharata* has references to homosexuality along with transgenders, *Manusmriti* and *Puranas* have several references to homosexuality. In short, *Sanatana Dharma* has well documented homosexuality and its existence. Similarly, various classic Vedic Astrology books have several references related to homosexuality and anal sex. Also, there are several references related to diseases due to sexual intercourse known as *Yauna Roga* along with diseases due to sex organs known as *Gupta Roga*. These two types of *Roga* i.e. disease in Vedic Astrology has a straight relation to the HIV. The symptoms and nature of *Gupta/Yauna Roga* matches with HIV. Although, in modern medical term, the only way to avoid HIV transmission is to take preventive action during the sexual intercourse within Gays, the Vedic Astrology can give an extra upthrust in order to predict the chance of getting HIV transmission within males with sexual orientation as homosexual. The newly derived Vedic Astrology *KIRAN sutra* in the field of Medical Astrology unlocked the gateway to further fine tune the HIV prediction research for the LGBT community. Focusing on the males with sexual orientation as homosexual i.e. Gay, focused community-based research is being conducted in the field of Medical Astrology using Vedic Astrology. The research came up with a newly derived *Yoga* i.e. formula given the name as *Samalaingika Yauna Sankramaṇa Yoga*, which is one step ahead to the HIV prevention guidelines given by modern medical science. With the help of Vedic Astrology Natal Chart, anyone whose sexual orientation is Gay, can use this formula to check whether he is having high chance of getting HIV transmission or not so that an extra precaution can be taken. With proper understanding of Natal Chart interpretation of *Samalaingika Yauna Sankramaṇa Yoga*, a Gay person can easily identify the risk of HIV transmission without being judged by conformist mindset of the society who even not willing to accept the fact that sexual orientation is one of the fundamental rights of any human being. With early prediction of HIV transmission can help the Gay community to take preventive action more seriously so that they can have a healthy life throughout their life irrespective to their sexual orientation. This research is an unassuming exertion in the most humanistic way combined with the utmost ancient wisdom of *Jyotisha Shastra* and *Sanatana Dharma* to raise mindfulness and at the same time to support males with homosexual orientation so that they can identify whether they are at high risk of HIV transmission in future or not using their Vedic Astrological Natal Chart in order to take precautionary protection even more seriously. The new formula *Samalaingika Yauna Sankramaṇa Yoga* could become a must have checklist for Gays in the field of Medical Astrology and with proper enablement of this

checklist for Gays in the LGBT community can help them slowing down the HIV transmission within the community and ultimately living a HIV free life.

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### **Author Contribution**

I confirm to be the sole responsible for the study of the entire HIV concept from Vedic perspective along with a deep analysis over the topic with the help of Vedic Astrological classic scriptures along with modern medical science books to come up with the concept of the HIV existence from a very long-time way before its modern discovery. I am the sole responsible for data collection, data validation, data analysis, data interpretation along with pulling out results and finally the preparation of the manuscript.

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### **Ethical Review Board Statement**

The study was conducted in accordance with the National Ethics Committee Registry for Biomedical and Health Research (NECRBHR), Department of Health Research (DHR) and approved by the Asha Kirana Institutional Ethics Committee of Asha Kirana Hospital under Asha Kirana Charitable Trust (EC/NEW/INST/2021/2312 approved in the meeting number AKH-IEC Meeting – 06 on 23<sup>rd</sup> December 2022).

### **Informed Consent Statement**

Informed consent was obtained from all subjects involved in the study via proper channel.

### **Data Availability Statement**

Data is unavailable for general audience due to the ethical restrictions. However, the entire data is available in the copyrighted document mentioned under section 'Open Access' which can be accessed with proper ethical approval.

### **Conflicts of Interest**

The authors declare no conflict of interest.

### **Open Access**

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